AUGUST 2018 HSCADV

COALITION NEWS

HAWAII STATE COALITION AGAINST DOMESTIC VIOLENCE



THIS MONTH'S NEWS

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Newsletter Edits and Submissions can be sent to: cgolay@hscadv.org

TRANSITION UPDATES

by Dennis Dunn

Over the summer the HSCADV Board of Directors has been busy managing the coalition's leadership transition. Since May, the board has been working with the National Network to End Domestic Violence to secure an interim director and begin a formal search for a new executive director.

In June, the board contracted with Suzanne Brown-McBride to serve as Interim Executive Director for the coalition. Over the next few months she will be working with HSCADV staff to ensure that the coalition's work continues while the board embarks on the executive search. The board would like to extend it's deepest gratitude to the staff of the Coalition for continuing the work during this transition.

Currently, the board is designing a position announcement and updating the executive director's job description. The board is also securing a search firm that will help us locate a qualified candidate who is passionate about our work. Once we have finalized an announcement, we will be sure to share it with HSCADV membership so you can help us get the word out to your networks.

If you have any questions about the search, please reach out to Dennis Dunn, Chair of the search committee.

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PONO

by Carmen Golay

Pono was Hawaii's first courthouse dog. She passed away in June at the age of 10. Pono helped hundreds of people, many of them children, to go through the difficult and traumatic process of court proceedings. She was loved by all her met her. A memorial service was held on July 12 where dozens of people could pay their respects to her. Pono's handler, Dennis Dunn, director of victim witness kokua services, has said that a new dog is being trained with help from Assistance Dogs of Hawaii and will begin work in the fall.



"...There is no doubt Pono helped make Honolulu a safer place to live.."

> — KEITH KANESHIRC HONOLULU PROSECUTING ATTORNEY

Calendar

Aug 2 Final Day NNEDV Tech Summit

Aug 3 Vicarious Trauma VOCA Honolulu

Aug 6 Vicarious Trauma VOCA Lihue

Aug 7 Vicarious Trauma VOCA Hilo

Aug 8 Vicarious Trauma Kahului

Aug 8 Attachment Disorders Training PACT

Aug 10 DVAM Zoom Meeting

Aug 11 Primaries Voting Day

Aug 27 Safety Planning VOCA Honolulu

Aug 28 Serving COFA communities VOCA

Sep 4 Tech Safety HSCADV/Judiciary

Sep 5 HSCADV Annual Conference

Sep 5 Transitional Housing Grantee meeting

Sep 6 Transitional Housing Grantee meeting

Sep 7 Transitional Housing Grantee meeting

Sep 27 Carmen's Birthday :-)

Oct 1 HSCADV 25 Hour Day 1 Maui

Oct 2 HSCADV 25 Hour Day 2 Maui

August WEBINARS

How Employers Can Build a Framework to Address Sexual Harassment and Violence in the Workplace

Date: Thursday, August 30, 2018
Time: 11:00 a.m. PT, 12:00 p.m MT,
1:00 p.m. CT, 2:00 p.m. ET, 10:00 a.m.
AKST, 9:00 a.m. HST (60 minutes)
Presented by Futures Without
Violence, in partnership with the U.S.
Department of Justice, Office on
Violence Against Women

NNEDV Census Survey
Webinar: Wednesday, August
22nd at 3pm EST (ANY
participating local program or
coalition attendees) – This
webinar will explain details of
the census survey, how to
answer the questions, the
electronic survey form, and
highlight some frequently asked
questions.

Victim Safety and Offender
Accountability: The Intimate
Partner Violence Interventions
Tuesday, August 28, 2018 / 12:30 CDT
Battered Women's Justice
Project
http://www.bwjp.org/index.html

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2018 ANNUAL CONFERENCE: WEAVING TOGETHER SAFETY AND COLLABORATION

by Jina Rabago

Each year the HSCADV hosts advocates, allies, criminal justice professionals and survivors for a day of learning, networking and sharing towards our goal of ending intimate partner violence.

Register by August 17! https://www.hscadv.org/2018annual-conference

Speaker bios and materials will be available at the above address

This year's Annual Conference will be on Wednesday, September 5th from 8 am to 4 pm. Tucked away, with views of the beautfiul Ko'olau Range, this year's conference will take place at Ko'olau Conference Center in Kane'ohe. The theme of the conference focuses on the importance of collaboration between law enforcement. healthcare, judiciary, child welfare services, and domestic violence advocates to ensure victims' safety.

The morning will feature a Keynote Panel discussion with Khara Jabola-Carolus. Executive Director of Hawai'i State Commission on the Status of Women as the Facilitator. There will be two breakout sessions with topics that include Traumatic Brain Injury & Domestic Violence: Positive Police Culture: Improving Police Response to Domestic and Sexual Violence. Ho'oikaika: Native Hawaiian Domestic Violence Program and a session on Confidentiality. The afternoon will feature Experiential Learning sessions for reflection and inspiration. The conference is free to attend for HSCADV member program staff and \$45 for nonmembers.

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IT'S NOT ABOUT WHERE YOU'VE BEEN. IT'S ABOUT WHERE YOU'RE GOING.

Mission: Dress for Success promotes the economic independence of disadvantaged women by providing professional attire, a network of support, and career development tools to help them thrive in work and life.

Program Spotlight: YWCA Oahu Dress for Success

YWCA in Honolulu Dress for Success has been helping women realize their full potential. Dress for Success offers four programs for women:

Suiting-dressing women with a career outfit, cosmetics, and footwear with the support of a volunteer personal shopper, Going Places Network- an 8-week job support program for unemployed women, Professional Women's Group- a group supporting employed Dress for Success clients, and Personal Pathways- a workshop in partnership with Patsy T. Mink Center for Business & Leadership to provide knowledge and confidence for the aspiring professional woman. Through these Dress for Success programs, YWCA offers a variety of services, including, resume writing, personal and professional development, power networking, career advancement, interview coaching, career counseling, and job retention skills. In addition to these programs, staff at YWCA have noted an increased interest in clothing that is more gender neutral in style and have responded by adding additional sizing and styles to the collection.

Agencies serving survivors of domestic violence and sexual assault can refer their clients to the program. For more information on Dress for Success or to become a partner referral agency, visit YWCA's webiste: www.ywcaoahu.org/dress-for-success/



Working to End Sexual and Domestic Violence





Each year in April public awareness campaigns, advocacy organizations and coalitions work to elevate the issue of sexual violence. We stand with our allies against all forms of violence. Sexual assault and domestic violence are part of a continuum of oppression that we seek to eradicate. Many survivors of domestic violence tells us that sexual violence was a part of the system of power and control. To help survivors safety plan and heal, we need to work together with our colleagues.

Thank you to our friends and allies who work so hard on these issues every day.

More photos can be found on Governor Ige's flickr account: https://www.flickr.com/pho tos/govhawaii/albums/7215769248 3065922

Advancing the Practice for Responding to Sexual Assault in Intimate Partner Relationships Training

On June 15, 2018 about 70 staff from domestic violence and sexual assault agencies gathered together to learn and network on the topic of sexual assault in the context of domestic violence. Organized by Hawaii Department of Health, co-presenters for the day included Luoluo Hong, Emma Pavich, Cristina Arias, Grace Caligtan and self care with Carmen Golay and Joyce Settle.



Advocate Spotlight



Pili Kaninau is the new Deputy Director of Women Helping Women on Maui in July! Pili was previously Women Helping Women's TRO Program Coordinator. Here's a little bit about her:

My name is Pili Kaninau and I have been working for Women Helping Women for almost 10 years. As a survivor, I am extremely passionate about the work that we do every day to help victims/survivors to stay safe and feel empowered. There is a quote that says, "Do what you love and you'll never work again," this is how I truly feel about what I do.

In my spare time (which is very limited LOL) I enjoy spending it with my 3 year old granddaughter, Amaiah. She keeps me on my toes and gives me an excuse to go down on slides and ride on the swings at the park. =) I also love being in the ocean and painting with acrylics whenever I can; this is my self-care.

Crissy Oblero works with Child & Family Service at the Hale Ohana Domestic Abuse Shelter in Hilo. She has been working with in the movement for 10 years, most with CFS.

She says: "I started here as a shelter worker, went up to Client Advocate & now Domestic Violence Specialist II. My ultimate goal is to help create a curriculum for children. Like Pattern Changing for women but for children. Help to stop this vicious cycle."

Her hobbies include shopping, reading, Candy Crush, watching Netflix and spending time with her two children. Favorite quote: "Tell me something good" with all the negativity going on in this world I like to ask that question. It really makes people stop & think, refocusing on the positive things. I hold house meetings at the shelter & I ask them to "tell me something good" at the end of every meeting. The answer ranges from "being here, a safe place" to "having a peanut butter sandwich". There's never a wrong answer. I ran into a participant who has been out of the shelter for over a year. She told me she still asks her children everyday to tell her something good. That's the stuff that touches my heart & keeps me going at the shelter.



We recieved several nominations this month for our advocate spotlight! If you don't see the person you nominated, we will get in touch with them for next newsletter! Thank you!

Writing Submission

Survivors and advocates are welcome to submit artwork, poetry or writing of less than 1500 words for inclusion in our newsletter. Our submission this month was submitted anonymously and all names have been changed. *Trigger Warning: sexual abuse*



Silencing

As a single parent that works practically full-time, goes to school full-time, and parents two active growing boys on my own, I crave silence. I look for the quiet wherever I can find it. The bathroom, the car, the twenty minutes to an hour before my younger son comes barreling through my bedroom door full of stories about the exciting things he's seen and learned throughout the day. Sometimes he's drenched from a downpour, but more likely his hair and shirt are damp from sweat because he ran all the way home from the bus stop. He's normally starving and always, always, full of love, kisses, and admiration for me. "The best mom in the world" according to him. My quiet is interrupted by this bubbly child I love and protect with my entire heart, soul, and being. The quiet I so crave is gone in an instant and I don't mind at all.

Then, there's a silence I wish would be interrupted. A completely different quiet that I've taken to avoiding. These silences are deafening, paralyzing, full of fear and sick wonder. These silences I can't stand. There was a time in my life when all I could do was stand silent. Watch silent. Act silent. These silences meant equilibrium and security.

Silence is the terrifying reality I have spent my entire life struggling against. Not quiet as hard at first but, there is a desire that has been built up and destroyed over and over in my soul – a desire for disclosure and vocalization in my center that I can't escape.

A single word has caused wrecking balls to go to work inside of that never-ending construction zone around my heart. A single word: SPEAK. It started slowly at first. As an adult, my core must be strong and flexible, swaying and bending in storms and gusts. But this silence, those silences, have destroyed my flexibility. One day, I heard it, a quiet snap inside of me. Maybe it was my heart finally breaking. The struggle to be cooperative while trying to preserve who I am, while everything inside of me knows it's wrong, has left not only my essence and soul unraveled, I can feel it physically. My shoulders ache from

carrying this burden. The burden of protecting my family – the family I was born into and the family that chose to keep me. My stomach shakes at the thought of making these experiences public. My hands get icy and numb with anxiety as they write these words because of the main thing that repeats over and over in my mind: "I love them. I love them still. This is going to hurt them." I've never spoken about some of these things.

Maybe I haven't been brave enough in the past.

Maybe I was too scared.

My therapist, Lara, is the one place I feel like I can truly be me and say what I've been afraid to say since I was a toddler.

In Lara's office, sitting in a deep, white leather chair I try to focus on her voice telling me I'm okay and I'm safe. Taking me back. Memories swirl around me like leaves at the beginning of their flight on the wind.

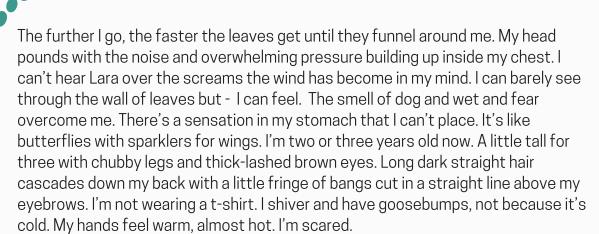
"Bring up a memory of abuse or trauma", she instructs me, "How old are you?"

"Twenty-one", I reply. A turbulent wind starts to build and the leaves tremble.

"Further."

"Nineteen." The leaves circle around me in a beautiful frantic dance I HAVE to watch.

"Go back further." (continued on next page)



The screams of the wind have died down to a howl and Lara's soothing voice brings me back. She's asking me to describe what I see or how I feel. So, I tell her: "Fear. I feel afraid."

"Focus on that – the fear and keep going. You are safe, and you are okay," she tells me

The wind finally explodes sending leaves scattering high above my head. As they rain down me in a graceful dance at the end of their flight on the wind, I see a hallway or room with fake wood panel walls. The carpet under my small feet feels coarse and thin – I can feel the hardwood or cement beneath it. I'm forced to look up into the face of an older boy I recognize, not because of his features but, because I trust him. He's holding the back of my head with one hand; my hair is tangled in his fingers.

"Why are his pants down?" I wonder to myself.

"Open your mouth," he tells me.

Now I feel the tears that prick the backs of my eyes and hesitate.

"Ugh, just do it. It's a game. It'll be fun," my mommy's voice sounds lazy and the words aren't coming out right. She sounds funny over the buzzing bees in my ears. I don't like when mommy's voice gets like that or when her eyes are all shiny and wild, looking everywhere so I do what I'm told, shoving the scared and sick down. I trust my mommy. I play the game quietly because it'll make her happy. Adult me and toddler me silence the cries we both know want to come out and slip away. The park down the road with the miles of green grass. Flying on the swings that creak back and forth. The sunshine on my face as I chase the pretty butterflies with the pretty wings. Best of all, or maybe worst of all, I'm alone.

Now it's a different voice, a kinder voice.... Lara.... That's right. I'm in Lara's office, safe and okay. I'm in Lara's office sitting in that deep white chair that holds me like my Cole does when he gives me a hug after an exciting day at school. "Safe and okay" repeat over and over in my mind. The off-white walls and floors are clean and smooth beneath my feet. The clock on the wall is still ticking time away.

"Lyna Loed you to take a deep breath Loed to see it." The air wheezes in and out

"Lyna, I need you to take a deep breath. I need to see it." The air wheezes in and out of my lungs and I realize I'm still trying to quiet the sobs that want to pour out of me. Those leaves have settled, and I'm left once again to clear the rubble around my heart and rebuild.





2018 National Census of Domestic Violence Services

WHAT DOES IT DO?

Hawaii had 100% last years! Let's do it again.

Through stories and numbers the Census tells the experiences of advocate and the survivors they work with. It illuminates the incredible work that programs do every day, but also highlights the impact to survivors and families when programs don't have the resources to help. It also serves to connect YOU to the national work being done.

HOW CAN YOU USE THE REPORT?

It's an important tool for systems advocacy.

Local programs can use the report to create compelling grant reports, applications for funding and solicitations to individual donors. The report also can inform your community outreach, training, volunteer support and highlight compelling stories to elevate issues of domestic violence in the media.

WHEN IS THE CENSUS?

It's best to have ONE person tally all the information for agencies who have multiple locations

The information packet is available NOW and the count will happen September 13, 2018. If you are a domestic violence serving program please participate!

If you have not received information how to do the census or Aug 22 webinar, please email cgolay@hscadv.org